

White Smoothie Bowl

1 Coconut Crush

Smoothie Bag

5g agave syrup

2tbsp coconut

yoghurt

ripe banana (optional)

METHOD. Blend the Coconut Crush Smoothie Bag with the yoghurt. Add a little agave syrup for a sweeter taste. If you prefer a more creamy coconut bowl, add a ripe banana and blend.

