

Strawberry Banana Smoothie Bowl

75g frozen banana

100ml oat milk

75g frozen strawberry halves

2 tbsp coconut yoghurt

1 tsp agave syrup

METHOD. Toss all the ingredients in your blender and blend until smooth and creamy. You can add more oat milk if you prefer a more liquid smoothie bowl. Decorate with your favourite fruit, granola, seeds, and nuts, and you are good to go!

