

# Blackberry pancakes

## Ingredients:

- 100 g of Crop's frozen blackberries
- 200 g self-raising flour
- 1 teaspoon baking powder
- 1 egg
- 300 ml semi-skimmed milk



## Preparation:

- Mix together 200g self-raising flour and 1 teaspoon of baking powder
- Beat an egg with 300 ml semi-skimmed milk and whisk into the flour mixture to make a smooth batter
- Halve 100 g blackberries and stir in gently to combine
- Heat little butter in a large frying pan
- Cook the pancakes for about 3 minutes over a medium heat, turn and cook for another 2-3 minutes
- Serve with sugar and extra blackberries.